

Dear Community Champion,

Thank you, for your time and consideration of our new program, Barnabas Clinical Services. We are seeking community partners to help us fund the entire first year of Barnabas Clinical Services in the Wimberley Valley. Our program would be fully sustainable in three years as any money received from clients will be directly reinvested into the Clinical Services Fund. We also hope to seek additional community partners.

Over the last 19 years the Barnabas Connection has served in the Wimberley Valley. One of the consistent needs we have seen in our community is a lack of mental health resources. As part of our Strategic Plan for 2023 we are starting two new programs- Clinical Services and Educational Programming. We believe that our request aligns with the philanthropic interests of our donors and funders. Through our research we have found that there is a shared vision by the vast majority of our community to provide **equitable access to mental health services. Any family or individual** who lives within the WISD Attendance Zone will be eligible to receive these services.

**We believe that this program when combined with our new Educational Programming will help to end the generational poverty issue we are facing in the Wimberley Valley.**

Thank you,

Kate Sowell  
Executive Director  
Barnabas Connection  
512-585-2593

Jenny Kenley, LPC-S, NCC  
Licensed Professional Counselor  
Clinical Services Chair  
Barnabas Connection



## **Barnabas Clinical Services**

**Mission/Purpose:** Barnabas Clinical Services exists to provide quality, low-cost mental health services to the Wimberley Community. It is our desire not to turn anyone away due to lack of financial resources. Our target population includes those that are uninsured or underinsured. Wimberley is facing increased mental healthcare needs and a shortage of providers and community resources. There are no providers who accept medicare and medicaid clients. For those that have private insurance, the wait times are several weeks to months for an initial appointment.

We are seeking an initial investment in the program with a contributing partner but are working for the program to be self-supporting within three years.

**Year One:** One Clinician providing 15 hours of direct support per week.  
One Administrative Person provides 20 hours a week of support. This includes scheduling and generating required weekly and monthly reports.

**Year Two:** Two Clinicians providing 30 hours of direct support per week.  
One Administrative Person provides 30 hours a week of support. This includes scheduling and generating required weekly and monthly reports.  
Addition of Group Services

**Year Three:** Three Clinicians providing 45 hours of direct support per week.  
Weekly Group Support Provided  
Providing support in independent space.

### **Current Identified Need:**

Young mothers, domestic violence, teens, moms, bilingual services, alcohol and drug abuse

### **Referrals:**

Referrals to Clinical Services will come through the Barnabas Case Manager (Daphne Smith) as well as from EMS giving our program information to Wimberley Valley Residents when they are called out to a mental health call. As individuals are identified as having need they will be referred to Clinical Services to set up an intake appointment. Standard of care: we aim to schedule individuals within 2 weeks of initial contact.

### **Record Keeping:**

EHR: TherapyNotes Cost: \$100 per month

Includes: One clinician and unlimited support persons

This cost will increase by approx \$30 per month with the addition of another clinician.

<b>Program Costs</b>	<b>Max Cost</b>
<b>Clinician:</b> 1099 paid by number of clients seen at a reimbursement rate of \$85 per session.	<b>\$5,100 per month</b> <b>\$61,200 per year</b>
<b>Administrative Person:</b> \$18 per hour 20-hour work week	<b>\$1,440 per month</b> <b>\$17,280 per year</b>
<b>EHR Software:</b> TherapyNotes Cost: \$100 per month	<b>\$1200 per year</b>
<b>Messaging Software:</b> HIPAA compliant with BSA agreement in place GSuite (email)	<b>Included with EHR Software</b>
<b>Reimbursement for group to clinician \$100 per group</b>	<b>\$4,000 per year for year one ( 40 groups)</b>

## **Other Information**

Clinicians will carry liability insurance and be required to provide proof of insurance yearly.

## **Group Sessions**

**Barnabas will not charge for groups.** A meal will be provided. Community members may donate what they can when attending a group, if they wish.

### **\*Ideas for groups**

- Narcotics Anonymous - ages 17-25
- High School Group
- Young Adult Group - ages 18-25
- Grief Group
- Trauma
- Pregnancy loss/loss of a child
- Parenting Support Group

**Reimbursement for group to clinician \$100 per group**

## **Cost to Client for Clinical Services**

Psychological research supports that when clients have a financial investment in the therapy process it contributes to a successful outcome. While Barnabas agrees with the need for client investment, we remain committed to providing quality mental health services without financial barriers. As such, we have created a fee schedule reflecting this commitment. The funds collected from clients will be reinvested into the Clinical Services program and help contribute to its long term sustainability.

### **Yearly Income Scale for Clinical Services Fees**

Less than \$5000	\$1
\$5,00-10,00	\$5
\$10-15,00	\$10
\$15-25	\$20
\$25-30	\$30
\$30,000+	\$40

\*\*If a client has an extenuating circumstance and is unable to pay the \$1, they will not be turned away. Barnabas is working to create a plan for those clients.

To learn more about Barnabas visit us at [www.barnabasconnects.org](http://www.barnabasconnects.org)